



New Prevention Technologies – Translated by Victor Otieno into Dholuo

Ayaki ok en gima nyien ma ji kia. Kuom higni pier adek mokalo, ayaki osebedo kilando e nyakalondo e piny mangima to okodhi rumo sani. E higa mar 2006, ji million 4.3 ne oyudo kute mek ayaki to ji million 2.9 ne otho. 95% mek jok modak kod HIV/AIDS odak e pinje mapodi pokodongo to 90% kia ni giting'o kute mek ayaki. Sani, onge chieth mar ayaki, lakini wadhi wuoye machalo gi kaka vaccines, yedhe manego kute , kod tero chuo e nyange nyalo konyo geng'o medruok mar kute mek ayaki e piny mangima.

Sani onge vaccine mar ayaki, lakini nitiye nitiye gik tich manitiye kendo moko eka podi iloso. Mogik, vaccine mar ayaki ema kelo geno maduong' mar ndalo mabiro, lakini nitiye gik moko matek moluoro wach vaccine. Temo mar osiptal kao odiechieng' mang'eng' kendo dwaro pesa mang'eng'. Nengo mar timo temo kind higni auchiel kod apar en million dola 230. nikech saa kod pesa, dwaro e wach vaccine mar ayaki dhi mbele mos. Lakini, nitiye yore mar gengruok mapodi itemo e pinje.

Yedhe manego kute nyalo duoko chien yudruok mar kute mek ayaki koriwore kod tuoché miluongo ni STDs. Yedhe gi iwiro gi e dend to gichalo gel kod cream. Yedhe manego kute sani onge e chiro, lakini giboyudore e higni abich mabiro. Yedhe gi botiyo kaka rageng' mageng'o ich.

Yedhe manego kute gi maber bonego kute moko mabende kelo STDs to moko be bogeng'o mako ich. Gibotiyo seche mang'eng', gibodonjo maber e dend jatuo kendo gibomoko e dend ng'ato. Yedhe gi bomiyo kute madongo e ther dong maber. Mohingo duto, yedhe gi ok bi bedo gi nengo mamalo to bomiyo jotuo duto nyalo nyieo gi. Iboti kodgi e kondom mondo gimed ber kod gibotiyo kaka mo e kondom. Jok matimo dwaro ni podi kia ka kute duto mayudore e ther inyal ti go. En gima ber ka inyal ti kodgi, nikech ka oknyal ti kodgi en gima rach. Kute mayudore e ther ibousgi mokwongo ne mayudore e pier.

Dwaro mar yedhe manego kute gi sani dhi mbele e pinje kaka North America, Europe kod Africa. Iwacho ni yedhe gi mokwongo botiyo 40 – 60%. Maboluogi botiyo 60 -80%. Lakini e dwe mar ariyo mar higa mar 2007, temo gi ne okwer e piny South Africa. Achiel kuom temo gi ne oyud kamedo yudruok mar kute gi ne mine. Jodwaro ne owacho ni gibodhi nyime kod temo moko to okgibiweyo mae ochung dwaro margi mar yudruok mar yedhe manego kute gi e ndalo mabiro.

Yedhe mar kute mek ayaki miluongo ni anti-retroviral drugs (ARVs) kata Pre-exposure prophylaxes (PreP) itiyo go dichiel e odiechieng' kuom ji mapodi pokoyudo kute mek ayaki. PreP ok bi bedo 100% to nyaka ti kodgi pile. Nitiye temo mapodi itimo e piny Botswana, Ghana, kod Peru lakini okwabi yudo dwoko nyaka higa mar 2008 kata 2009.

Tero chuo e nyange en achiel kuom yo mar gengo medruok mar ayaki. Temo miluongo ni The Orange Farm Invention e higa mar 2005 ne onyiso ni jok ma oseng'ad gi okyud kute gi e yo mayot gi 60%. Ne oyud ni e pinje ma chuo dhi e nyange kute mek ayaki ok ng'eng'. Lakini, jodwar nyaka ng'e ni nitiye jok ma chike gi kata din margi okoyie ni mondo chuo kik dhi e nyange seche magiwacho ni ji oti kod yor ni. Nyaka gine ni tij ni oti e yo maler. Nitiye temo madhi mbele e piny Kenya kod Uganda mondo one ka nyange duoko chien yudruok mar kute gi e mon to yutgi ibogo e higa mar 2007.

Mogik, yo moro mar geng'o medruok mar ayaki en chieth mar kute miluongo ni herpes. Kwonde moko mar sub-Saharan Africa, 70% mek ji nigi herpes. E piny Canada, achiel kuom ji abich nikode. Askache mek dendwa botemo chango adhola mek herpes, manyiso ni askache gi opong' mang'eng' kama adhola nitiye. Mae medo yudruok mar HIV ka pige manigi kute gi omulo kama adhola no nitiye. En gima ber ka ochieth adhola mek herpes e kind jok manigi HIV nitech kute mek herpes nyalo miyo kute mek ayaki onyuolre seche ma kute mek herpes podi ngima. Nitiye temo ariyo madongo madhi nyime e pinje kaka Latin America, Africa kod USA. Temo gi temo ka nego kute mek herpes nyalo geng'o HIV. Duoko mar temo gi ibogol e higa mar 2007 kata 2008.

E higni pier ariyo mokadho, chiegni pesa duto mosetigo e dwaro gi wuok e serikal kod foundations moko. En gima ber ka ji ong'eyo gik moko mapodi dhi nyime. Onego wati ka walando, kawakelo oganda karachiel, kawamiyo oganda teko, kawatimo dwaro kod kawalando ni ji ogeng're.