

The Stigma of HIV/AIDS

Working to Empower
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THE FACTS

- HAVING HIV/AIDS DOESN'T MAKE A PERSON OR THEIR FAMILY UNCLEAR.
- HIV/AIDS IS A VIRUS, A DISEASE THAT PEOPLE OF EVERY CLASS AND RANK CAN GET.
- IF A PERSON HAS HIV/AIDS, IT IS IMPORTANT TO KNOW HOW THE VIRUS CAN AND CANNOT BE SPREAD.
- HIV/AIDS IS SPREADING BECAUSE OF PEOPLE'S LACK OF KNOWLEDGE ABOUT THE VIRUS.
- PEOPLE MAY BE INFECTED AT BIRTH OR BY THEIR MOTHER'S MILK, IF MOM IS INFECTED.
- PEOPLE WITHOUT HIV OR AIDS ARE NO BETTER PEOPLE.
- NO GENDER IS MORE RESPONSIBLE THAN THE OTHER.

THE LIES

- HAVING HIV/AIDS MAKES YOU UNCLEAR AND DIRTY.
- HIV/AIDS IS A DISEASE ONLY POOR PEOPLE GET.
- STAY AWAY FROM PEOPLE WITH HIV/AIDS BECAUSE THEY CAN INFECT YOU BY JUST BEING NEAR.
- IT IS THE INFECTED PERSON'S FAULT THEY HAVE THE DISEASE
- IT IS THE WOMEN'S FAULT THAT'S HIV/AIDS IS SO BAD

HIV/AIDS IS *NOT* SPREAD BY...

- Kissing
- Touching
- Sharing food or water
- Coughing or sneezing
- Hugging
- Sharing clothes



HIV/AIDS IS SPREAD BY...

- Contact with infected blood
- Sharing needles
- Unprotected sex with infected person
- Child delivery and breastfeeding of a mother living with HIV/AIDS