

Working to Empower

HIV ki two ilutino

Kwan pa Sida (Acquired Immunodeficiency Syndrome) tye ka ito malo. Achwi (Human Immuno Virus) tye kwidi me nyayo sida, me tye ka ito iawobi ki lutino. Tin dano pol me loyo 95% me two tye ilobo can, ki to dwong tye ilobo eni. Lutino pol mako two ka maa gi ikanywalo ka gonyo, ki ka doto. Lupwony gu fud tye ka pwony ka ie lacen gonyo la tin, ie me karo ka ma nyayo remo kwed pa latin. Gin mo mukene me twero ka miyo latin two tye: bur kom ie me gwoko latin, ka ie me gwoko latin yeco, ki ka gonyo latin. Lutino ki dano mukene mako two dye ka gamo remo iot yat nyo ka ngat mu dong me tye kwed two bwutu tek kwed latin.

Pwony unyuto ni ka doto medo gengo pe latin ka mako two ka ma ne i10-15%, dong ber ka miyo maa tam kom doto. Ilobo me gi tye kwed yo me bei ber mukene, calo ka miyo formula bot lutino, mito gu cuko maa eni.

Sida nyute iyo ariyo ilutino; 20% gu two arac imwaka gi lacel ki gu to ka o myaka 4, ka lutino 80% gu nyuto ka two mot mot. Lutino pol gu nyuto ni pe gu camo aber, pe gu woto yot, pe gu loko yot, pe gu timo ber igang Kwan. Calo dano mu two, lutino mutwo bene mako two ma pat calo Candida, ento two me neko dano me tye kwed sida tye pneumonia. Lutino me tye kwed sida two rac dye two me lutino calo olili, lyeto, pneumonia, cado ki pi ka tumo ikom gi. Tek ka neno sida ilutino ma tidi, makato imwezi gu con pien pe gu nyuto lanen mo ki kwo. Ikamedo, lutino me gu nywalo tye kwed cwiny me gengo two pi antibodies me karo ka maa bot latin me gwoko latin dye mwezi ne 18 anyim. Eni tin timo ka poro latin moa, pein kom latin ubi nyutu antibodies pa maa ne, ki mege ku.

Lutino weng mu mako sida, mito gu tim kom gi poro virologic ika gonyo, isabiti 4-6, ki isabiti 8-16 ka gengo sida con. Ka gu nongo sida, mito gu timo poro mukene. Tin gi tye ka tiy kwed Polymerase Chain Reaction (PCR) ka timo poro me sida, yo eni nongo achwi me fud dongo ki tye poro ber adada.yo mukene, tye ka keto yat iremo pa latin, me gi gamo nio gu nong sida. Kwed yo eni, gi twero ka nongo two 90% ilutino imwezi 2 nyo 95% imwezi 3.

Mito gu nong two con imaa ka tye kwed ie nyo anyim ie, pien gi twero ka cako miyo maa yat, bene eni miyo gum ka gengo two ka mako latin. Yat mo konyo ka gengo maa ka nyayo two bot latin calo AZT regimen, me gi miyo maa ka tye kwed ie mwezi 4-9, ika gonyo; ento regimen wele dwong dong dano pol pe gi twero ka nongo ne. pwony unongo ni ka gu miyo maa Nevirapine isabiti 18 con, gengo two ka 50% ka karo ka maa bot latin. Pwony eni ber ilobo can pien nyuto ni AZT wele piny ka loyo Nevirapine. Ika medo maa kanywalo dye ngolo ne ki gu rubo kwed miyo miyo maa yat AZT, gengo latin ka mako two dye gonyo.

Yat mukene me gi twero ka miyo lutino mu two tye:

1. Nucleoside Reverse Transcriptase Inhibitors calo: Lamiduvine ki Zidovudine.
2. Nonnucleoside Reverse Transcriptase Inhibitors calo: Delaviridine ki Nevirapine.
3. Protease Inhibitors calo: Amprenavir ki Tipranavir.
4. Fusion Inhibitors calo: Enfuvirtide.