

Working to Empower

Kop ABC iUganda.

Kacako:

I2002, iSeptember, gu o igin ma iye ni, gu bi ɲolo can ilobo ituɲ pa 2010, ka lok me Millennium Development Goals. Tuɲ me gin ma iye ubedo ka geɲo sida/ achwi, mucweja, ki two weɲ ka ito kwo me dano me bedo ilobo can.

Kwo ilobo can:

can pe kwero dano ka gamo yat keken, ento geɲo dano ka loko wii kop me tye kom kwo gi. Dano pol to kec nyo two pien pe ot yat, kip e gu twero ka loko wii kwo gi. Gin acel me bino kwed can, tye ni dano can pegu winye. Gu neon dano can ka laboɲo kony ki jwik, gin mo dit gu miyo ilobo lonyo laboɲo nyaɲ ɲo me tye ka time ilobo can. Gin madit iyo dano ka bedo kwo ki geɲo can tye ka bedo kwed cwiny jwik. Waraga me World Bank, uwaco ni dit ni kop me lucan ge geɲ ki gu kony dano ka timo kwo gi kabed aber. Ka gi mito kwo ka ito ilobo can, mito gu ket tic ki dano mu tic atek idye ka kony ki ka miyo tam bot lucan. Programme ABC iuganda utimo tic ber ka neon tam uo dano, ka wanen ilok eni.

Wadi kin sida/ achwi ki can:

Sida kelo can pol ki pat. Wel me yat, gwokke ki lyel, bedo pek iwii dano me gaɲ. Gin ma iye me sida bino abor. Sida buro dite ki lwenyo can ituɲ pol me Africa. Sida ugeɲo ka o gin ma iye me 2015 iAfrica. Dano can pol tye kwed sida ki gu neon can kwede pien gi pe kwed yat.

Ka two ki ka to twero ka timo dano mu fud kwo ka bedo kwo tutwal. Dano can tye iyo can me sida, pi ka bedo laboɲo pwony, laboɲo dwon loc, laboɲo yat, ki gu twero timo tic calo Malaya ki dwoyo lole, mene ito gum gi ka mako sida. Dano can pe twero ka geɲo two pien: ka cam arac, two mukene calo STD, ki kwo ka bedo jwik.

Achwi pet ye gin ma iye me can keken, ento bene miyo can. Sida twero ka geɲo dano ka tic, ki gu doko can. Aya, awene dano gu mako sida, gin ma iye ma rac bino igaɲ. Sida mito, gu geɲe ka gu mito ka ɲolo can pa tuɲ i2015.

ABC of Sexual Behaviour Change (ABC me loko ka bwutu)

A= Abstinence or delay of sexual activity (ka geɲo nyo ka kuro bwutu)

B= Be faithful (bed adaa, laboɲo bwutu kwed dano pol ki pat)

C= Condom use (tic kwed bupiira)

Tic me ABC tye ka ito piny kwan me dano ka mako two, ki ka gwokke lutwo. Yo ma beco ka geŋo two, ituŋ kwene ka bwutu ka mon ki co nyayo ne pol, tye ka geŋo dano ka bwutu wa kacel. Yo ABC mani, tye kwed ciŋ adek, tic gi ka geŋo nyayo me sida. 'A' tye pa Abstinence or delay sexual activity- Te ni ka geŋo bwutu waka cel nyo ka kuro. 'B' tye pa be faithful- te ni dano guded adaa, laboŋo bwutu kwed dano pol ki pat. 'c' tye pa Condom use- te ni dano gu tic kwed bupira, makato awobi. Geno tye ni yo ABC eni ubi geŋo dano can doko can.

Yo ABC iUganda

Yo ABC ugamo pako pien utic aber ka geŋo sida. Tin, gu lwoŋo ne ABC approach. Kwan pa achwi ilobo(Uganda) udoko piny ka a 21.1% ka 9.8% ka 1991- 1998... gin ma dit mutime tye ni dano gu weko ka bwutu kwed dano pat ka 65%, 1989-95,(bwutu udoko piny ki tic kwed condom uito). Dano pol waco ni loyo me Uganda ka tic kwed ABC doko bot yo pa geŋo mako two ki ka konyo dano nyaŋe. Loko ubedo; luwobi ka kuro bwutu, ka bedo adaa, dano mu nyom ka bwutu wakacel, laboŋo bwutu kwed dano pat,ki ka tic kwed bupira, gin weŋ eni mu bedo can. President Museveni ki NRM gu gamo tam eni me gu tic kwede ka lwenyo/ geŋo two con. Ka gamo tam eni ukonyo dano ka nyaŋ two eni, ki ka lok kome.

Anyim ŋat mo ka nyaŋ pi ŋo Uganda ugamo tam eni ka geŋo two,dit ni wa nyaŋ can me pe twero ka o ABC eni. Museveni utic kwed yo pat, ka yo jwi ka geŋo two. Kaka,geŋo two dye gin calo kwan me dano mutwo, yat me STD, ka ito mito yat bot dano; en u geŋo dano ka bwutu ataa ki utime ni dano gun yaŋ can me two.

Pwony me ABC.

Gu ye iyo ABC eni, ka tic iUganda. Calo waneno anyim, sida pe tye ero me can keken, ento kelo can bene. Doŋ, ka geŋo can, yo ma nyen miyo gu lukone ka geŋo dano ka mako two, ki ka miyo lutwo gwokke ma ber. Uganda ubedo lobo mukwoŋe ka lubo programme eni laboŋo poto. Gu cako ne cok laccen Museveni ki NRM gu bino itwer.gu timo programme eni ka tic aber kwed kwan pa two iUganda. Uganda ubedo lobo mukwoŋe iAfrica ka waco ni sida tye ilobo. Dye 1980, Uganda ubedo lobo me tye kwed two dwoŋ ka loyo lobo weŋ. I1990 bene, Uganda gu ŋeyo ni two dwoŋ tye ie. Uganda ubedo can tutwal ki jwik pien lweny mubedo ka bino piŋ jwi. Dano gu bedo pol, ki gu peg u bedo ka pwony, ki yat pe,

kwo ubedo cok. Kadi two ubedo dwoŋ ki yat pe, kwan two ucako ka poto i1990. iMasaka, two upoto i1990 ka a 7.6,000 pa mwaka, ka doko 3.2,000 pa mwaka i1998.

Doŋ wa peny ni kwan sida upoto iuganda pien ABC eni? Koni ka gu weko cel acel, 'A', nyo 'B', nyo 'C', iyo eni, time? Tuŋ me lubo eni, twero ka miyo gin ma iye ipeny eni, ka konyo wa nyaŋ.

Lucan pe gi tye kwed dwon iloc, me geŋo gi ka ito malo ikacokke. Yo acel president ki NRM mu keto tye ka weko mon ki awobi ka loko iparlament, ki cik kwene mon tye 1/3 ipaliament. Organisation me mon gu lwenyo ka gamo twer, ikacokke, ki icuk, ki iloc. Dwon gi udwoko ka lwenyo sida, ki ka timo cik ika mako lutino, nyo mon ka bwutu kwed gi ka bedo tek. Ki cik wii jami pa mon.

Calo wa bi neon lacen ikop eni, awobi, makato anyira, tye iyo can ka mako sida. Sida ubi meddo ka mako lu can pien pe gut ye kwed lworu ikacokke. Kamiyo mon ki awobi ter, mito ukony ka geŋo two nyayo, ki kwo rac, ki can. Calo amalo, waneno ni ero me can- ka bedolaboŋo dwon iloc- umako ciŋ kwed ka gamo twer.

Two iuganda twon tii mo ka loyo lobo weŋ.eni ubedo dit, pien dano gu nyaŋo ceŋ con ni itye two me gu lwoŋo 'silimu' mubedo ka neko dano, anyim gu nyaŋo i1982-83, ni nyiŋe sida. Te lok ni, awene gu kelo program me sida mukwoŋe i1987-1988, dano gu bedo aŋeyo can me two eni.

Ka gin ma iye, dano gu gamo yo ka geŋo two ka nyayo, pien gu neon calo dano pol gu to ko. Gu lworu ni ka two uito malo, ubi ŋolo kacokke ituŋ, ka lucan gu bi dwoko can mada. Gu tic kwed yo ABC, ka twero geŋo can sida me kele wii dano. Botswana gu twero ka tic kwed ABC, ento gu poto. Jo mo gu waco nig u cako ABC con anyim dano ka two dwoŋ, ci yo upoto.

Lupwony calo Parkhurst, penyo ka pien ABC sida upoto iuganda, nyo pien dano pol gu to. Two iuganda tii, doŋ kwan two upoto pien dano gu to dwoŋ, nyo pien lubo yo me loc? Lupwony mapat waco ni, kwan pa two pupoto pien dano gu to dwoŋ, neto luwobi icaa ennui, gu bedo nok, doŋ, pe gi twero ka waco ni to ukelo two ka poto, pien luwobi matino piny mwaka 20 gu to ka sida. Sida ka poto, ubedo dano ka gamo yo me geŋo two ka nyayo.

Lok ki kop me gu tic kwed umako cwiny pa kacokke. Gu tic kwed Kop calo 'maro kwed ye' ki 'bed akacel' ka cuko dano ka bedo ye nyo ka bolo

dano pat me gu bedo ka bwutu kwed gu. Kop uyot kumenu unyuto ni dano weŋ gu nyaŋo wa luboŋo pwony me tye ikacokke. Teŋe Botswana, tam wi bupira ubedo nok ikacake me ABC eni. Gu keto tek makato, wi 'A' ki 'B' mu nyuto ni president ucwalo ka kuro ki ka bedo ye kwed ŋat acel kabedo yo me tic aber iUganda. ABC iBotswana pu tic pien icon gu waco dano ka tic kwed bupira mu cwer cwiny gu ki cwiny kacokke gi. Teŋe Botswana president me Uganda icon pu waco dano ka tic kwed bupira pien uye ni bupira gu bi cuko dano ka bwuto ataa ki ubi cwer cwiny me dini.

Lacen museveni uye ni dano gu tic kwed bupira bene, ento umiyo tam eni idye 1990s. icaa eni doŋ president ki dano gu nyaŋo can me sida, doŋ gu ye ka tic kwed bupira. Wa ka cuko dano ka ye ka tic kwed bupira iloc me Uganda, president fud ye ni program eni utic aber pien ka cuko ye me gaŋ ki kacokke, pe tye ka tic kwed bupira ku. Doŋ, museveni uwaco ni bupira pe tye nyiŋ muduku me sida. Ubedo lok dwoŋ ipwony me sida wi tic me bupira iABC. Kadi dano pol ye ni gu med 'C' iABC, lupwony pol ye ni ka kuro ki ka bwutu kwed ŋat acel utuko dit ika geŋo nyayo pa sida. Ye eni dit pien awene gu penyo lutii ŋo me gu tamo tye yo aber ka geŋo nyayo sida, dwoŋ gu waco ni ka kuro ki ka bwutu kwed ŋat acel loyo ka tic kwed bupira ika geŋo sida.

Doŋ, ka kuro ki ka bwutu kwed ŋat acle ubedo yo dit iABC, piŋo 'C' peg u bolo ne? calo lupwony acel uye, ni nia Africa me fud tye kwed two me loyo lobo weŋ, adaa tye ni ka bwuto ata me dano mu two, ki nyom ito two ka nyayo. Mon inyom pe gut ye kwed twer ki pe gi twero ka lok kwed co gi kom gwokke ika bwuto gi. Doŋ, ka bolo 'C' iABC tye caro. Ubi time dano pol makato, awobi ki anyira ka bedo laboŋo twer ka gwokko kom gi me can pa two. Wa ŋeyo ni sida kelo can, doŋ ber ka gwokke o dano weŋ. Ber ka ŋeyo ni two ka nyayo upoto piny iuganda , ento berk u ka wa kwanyo yo mo, ki wa bolo yo mukene, dano mito gu ŋey yo weŋ ka gwokko gu, ki ber bene ka gu ŋey can me mako two wa inyom. Dano can gu lwenyo kwed two ka loyo dano weŋ, pien two geŋo gi ka tic. Pe gu twero ka noŋo yat uyot. Ka cuko A, B, ki C ber ka kelo piny kwan me dano mutwo ki dano lucan pa two.

Cwer cwiny ni program me America ka geŋo two cuko A ki B keken laboŋo C. nia America miyo Uganda cente ka geŋo sida, America bene waco ugando kom niniŋ ka tic kwed cente eni. Tin president Bush, uketo twer wii ka kuro bwutu, ki uketo tek wii ka kwanyo lutino ie. Eni twero ka medo iloyo me Uganda ika lwenyo sida.

Lok utuko aber adada iloyo me Uganda. Mito gu miy President Museveni pako pi loyo eni, pien ikacako me loc ne, ubedo pek ka lwenyo sida. Unyuto pek eni ika loko kwed dano weŋ , wa awobi, uketo tek wii ka lwenyo sida, ka cuko loko, wa ka lutel-wic mu baŋ e. Museveni ukelo lok pat me geŋ o sida, wa waraga, cel, ki ka loko kwed dano. Pien lucel-wic gi, dano ucako ka mako yo ka geŋ o sida, ki ka tic kwed gi, ki icaa dano gu cako ka gwokke kom gi ikacokke ki ka gaŋ madit, wa mon ki co weŋ . iUganda, mon 82% gu winyo tam kom sida iyo eni Museveni mucako, ika loyo mon 40-65% ilobo pat. Dano wa ki kom gi tic kwed yo eni, igan dit (74%), ki ikacokke(84%), ki ico(70%). Ka tic kwed ŋ at kom ŋ at ukonyo tutwal ka konyo geŋ o sida pien D O ki programmes me cwalo ikacokke, unywalo yo me twero ka loko yot, me gi twero ka med one kabedo aber. yo eni ubi konyo dano ka loko yo ki ye me dano wa kacokke kadi can tye. Lu pwoŋy, gu coro ni, kadi yo mukene maber ubedo tye, ka tic kwed ŋ at kom ŋ at ukonyo adada ka geŋ o sida iUganda.

Katveko

Doŋ ,programme ABC eni, utwero ka geŋ o nyayo me sida, ki ka time yo maber ka gwokke lutwo? Yo mukwoŋ e ka geŋ o sida ubedo loyo. Museveni ki NRM ka neno can me two eni icon loc ne, ukonyo adada. Ka loko kwed dano, ki ka cuko gi ka loko yo gi, ukonyo gi ka geŋ o nyayo me two ki ka miyo gwokke maber bot lutwo.

Tye atir ni loc arac kelo can? Ka wa neno con ikop eni, kwo marac, laboŋ o pwoŋy,laboŋ o dwon loc, laboŋ o yat ki otyat, ki kakimo tic marac, weŋ kelo can. Ikop eni, ubedo rek dwon dye loc ki ero me kelo can ikacokke. Calo,pien dano gubedo laboŋ o dwon loc, government umiyo twer bot dano jwik- makato awobi ki mon. kop me kwo rac, government ucuko dano weŋ ikacokke ka geŋ o mako sida. Gin ma iye ubedo ni gu miyo dano kony kin gu culu gi ka tero tamo kom sida ituŋ weŋ . Dano mubedo ka timo tic arac, gu cuko gi ka tic kwed bupira, mu konyo gi ka gamo ki ka nyayo two. Wii gin mo weŋ , yo eni ubedo ber pi Uganda ki ukonyo ma dwon ka geŋ o can ikacokke. Ento ŋ at uwek awaco ni sida utumo. Tin US itimmo gin arac ka miyo cente ka program A ki B keken, ka weko C. gin Uganda me tye ka timmo, tye ka kwayo US ni C bene dit iyo ABC eni. Mito lobo mapat gu pwoŋye ka Uganda. Yo ABC eni ubedo loyo iUganda pien utwero ka geŋ o sida. Ubedo yo mu mako kwed ye me dano ki lobo. Lobo pat mito gu tic kwed yo gi kwed ka neno loyo me Uganda.